

# HealthierUS School Challenge: Smarter Lunchrooms Webinar: Empowering Youth

Monday, March 23, 2015, 2:00 pm – 3:00 pm EST

**TEAM**  
NUTRITION

**Description:** Students play a key role in creating healthier school environments. During this webinar, learn how two school districts have engaged students in meaningful and innovative ways in their HealthierUS School Challenge efforts. Brook Brubeck, District Food Service Director in Kansas, is using social media to communicate with students and it has boosted school meal participation and student involvement in wellness efforts. Vickie Coffey, Nutrition Services/Healthy Schools Director in Indiana, has partnered with several organizations in her community, including Indiana University, to inspire students, and instill change in the classrooms and in the community. During the webinar, Ms. Coffey will discuss her schools' innovative gardening programs, stability balls in the classroom, and afterschool nutrition/physical activity programs.



Discover how these schools earned **HealthierUS School Challenge** awards and ways your school can start making change happen. The **HealthierUS School Challenge** was adopted as part of **Let's Move!** campaign in 2010, becoming part of the nationwide initiative to raise a healthier generation of kids. Join the webinar to hear about the fifth anniversary of **Let's Move!** and how you can help celebrate successes, challenge schools in your area, and champion healthier schools in the long term.

## Speakers:

Kirby Bumpus, Associate Director for Policy, Let's Move!

Brook Brubeck, District Food Service Director, USD 113 Prairie Hills School District, Kansas

Vickie Coffey, Nutrition Services/Healthy Schools Director, Richland-Bean Blossom Community School Corporation, Indiana

To participate in the webinar on March 23rd, please REGISTER HERE:

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