Idaho Child Nutrition

Recipe: 000391 Whole Wheat Gingerbread
Recipe Source: Lolo Elementary
Recipe Group: DESSERTS

Recipe HACCP Process: #2 Same Day Service

Alternate Recipe Name:
Number of Portions: 700
Size of Portion: 1 piece

014429 WATER,MUNICIPAL.....	2 GAL	Boil water.
004044 OIL,SOYBN,SALAD OR COOKING..... 009020 APPLESAUCE,CND,SWTND,WO/SALT..... 019304 MOLASSES..... 900087 Egg, liquid.....	4 LB 4 LB 23 LB 7 LB + 1/4 LB	Mix oil, applesauce, molasses, and eggs.
020080 WHEAT FLOUR,WHOLE-GRAIN..... 020081 WHEAT FLR,WHITE,ALL-PURPOSE,ENR,BLEACHED..... 020027 CORNSTARCH..... 018369 LEAVENING AGENTS,BAKING PDR,DOUBLE-ACTING,NA..... 018372 LEAVENING AGENTS,BAKING SODA..... 002047 SALT,TABLE..... 002010 CINNAMON,GROUND..... 002021 GINGER,GROUND..... 002011 CLOVES,GROUND..... 019335 SUGARS,GRANULATED.....	10 LB 8 LB 1 LB + 3/4 LB 3 1/2 OZ 2/3 CUP 2 TBSP 3/4 CUP 3/4 CUP 3/4 CUP 8 LB	Add dry ingredients.
		Add half the water, mix well.
		Add the rest of the water slowly.
		Spray large sheet pans and use pan extenders. Put 9#'s of batter per pan. Bake at 300'°"F for about 20 minutes, rotate and bake for another 15 minutes
		Cut each large sheet pan of bread into 70 servings.

Calories	141		Iron	1.36	mg	Protein	2.01	g	5.72% Calories from Prot
Cholesterol	20	mg	Calcium	46.42	mg	Carbohydrates	26.89	g	76.30% Calories from Carb
Sodium	106	mg	Vitamin A	30	IU	Total Fat	3.24	g	20.68% Calories from T Fat
Dietary Fiber	1.09	g	Vitamin C	0.18	mg	Saturated Fat	0.55	g	3.54% Calories from S Fat
						Trans. Fat	0.00*	g	0.00% Calories from Trans. Fat

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Miscellaneous			**Attributes**	**Allergens Present**	**Allergens Absent**	**Allergens Unidentified**
Meat/Alt.....	oz.					? - Milk
Grain/Bread.....	srv.					? - Egg
F/V/J.....	cup					? - Peanut
Milk.....	fl. oz.					? - Tree Nut
						? - Fish
Moisture & Fat Change						? - Shellfish
Moisture Change.	0%					? - Soy
Fat Change.....	0%					? - Wheat
Type of Fat.....						

Production Specification

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	014429	WATER,MUNICIPAL			
I	004044	OIL,SOYBN,SALAD OR COOKING			
I	009020	APPLESAUCE,CND,SWTND,WO/SALT			
I	019304	MOLASSES			
I	900087	Egg, liquid			
I	020080	WHEAT FLOUR,WHOLE-GRAIN			
I	020081	WHEAT FLR,WHITE,ALL-PURPOSE,ENR,BLEA			
I	020027	CORNSTARCH			
I	018369	LEAVENING AGENTS,BAKING PDR,DOUBLE-A			
I	018372	LEAVENING AGENTS,BAKING SODA			
I	002047	SALT,TABLE			
I	002010	CINNAMON,GROUND			
I	002021	GINGER,GROUND			
I	002011	CLOVES,GROUND			
I	019335	SUGARS,GRANULATED			