Idaho Child Nutrition

Recipe: 000412 Whole Grain Pasta Salad
Recipe Source:
Recipe Group: SALADS

Recipe HACCP Process: #2 Same Day Service

Alternate Recipe Name:
Number of Portions: 50
Size of Portion: 3/8 CUP

014429 WATER,MUNICIPAL..... 002047 SALT,TABLE..... 020107 MACARONI,WHOLE-WHEAT,DRY..... 011333 PEPPERS,SWEET,GREEN,RAW.....	1 GAL + 1 1/2 QT 2 TBSP 1 LB + 11 OZ 12 OZ	1. Heat water to rolling boil. Add salt. 2. Slowly add pasta spirals or shells while stirring constantly until water boils again. Cook according to package directions. DO NOT OVERCOOK. Drain well. Rinse under cold water.
011095 BROCCOLI,FRZ,SPEARS,CKD,BLD,DRND,WO/SALT... 011529 TOMATOES,RED,RIPE,RAW,YEAR RND AVERAGE..... 009193 OLIVES,RIPE,CND (SMALL-EXTRA LRG)..... 002030 PEPPER,BLACK..... 050137 Italian Dressing.....	1 LB + 7 OZ 2 CUP, chopped or sliced 4 OZ 1 TSP 2 CUP	3. Add vegetables, olives, and pepper. Shake dressing. Pour over pasta and vegetables. Toss lightly to combine and coat evenly. Spread 5 lb 1 oz (approximately 2 qt 1 1/3 cups) into each shallow pan (12" x 20" x 2 1/2") to a product depth of 2" or less. For 50 servings, use 2 pans. For 100 servings, use 4 pans. 4. **CCP: Cool to 41°F or lower within 4 hours**. Cover. Refrigerate until ready to serve. 5. Mix lightly before serving. 6. Portion with No. 10 scoop (3/8 cup).
		Serving ? cup (No. 10 scoop) provides ? cup of vegetable and ½ serving of grains/breads.

Calories	122		Iron	0.81	mg	Protein	2.83	g	9.28% Calories from Prot
Cholesterol	0	mg	Calcium	19.93	mg	Carbohydrates	13.48	g	44.17% Calories from Carb
Sodium	415	mg	Vitamin A	243	IU	Total Fat	7.05	g	51.94% Calories from T Fat
Dietary Fiber	1.99	g	Vitamin C	12.22	mg	Saturated Fat	0.99	g	7.30% Calories from S Fat
						Trans. Fat	0.00*	g	0.00% Calories from Trans. Fat

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Miscellaneous			**Attributes**	**Allergens Present**	**Allergens Absent**	**Allergens Unidentified**
Meat/Alt.....	oz.					? - Milk
Grain/Bread.....	srv.					? - Egg
F/V/J.....	cup					? - Peanut
Milk.....	fl. oz.					? - Tree Nut
						? - Fish
Moisture & Fat Change						? - Shellfish
Moisture Change.	0%					? - Soy
Fat Change.....	0%					? - Wheat
Type of Fat.....						

Production Specification

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	014429	WATER,MUNICIPAL			
I	002047	SALT,TABLE			
I	020107	MACARONI,WHOLE-WHEAT,DRY			
I	011333	PEPPERS,SWEET,GREEN,RAW			
I	011095	BROCCOLI,FRZ,SPEARS,CKD,BLD,DRND,WO/			
I	011529	TOMATOES,RED,RIPE,RAW,YEAR RND AVER			
I	009193	OLIVES,RIPE,CND (SMALL-EXTRA LRG)			
I	002030	PEPPER,BLACK			
I	050137	Italian Dressing			