

# Idaho Child Nutrition

**Recipe: 000403 Whole Grain Preacher Cookies**

**Recipe HACCP Process: #2 Same Day Service**

Recipe Source: Virginia Tech  
 Recipe Group: DESSERTS

Alternate Recipe Name:  
 Number of Portions: 25  
 Size of Portion: cookies

019335 SUGARS, GRANULATED..... 900035 Milk - 1%..... 004065 MARGARINE, REG, HARD, CORN (HYDR&REG).... 019165 COCOA, DRY PDR, UNSWTND.....	13 OZ 4 OZ 1/2 CUP 4 TBSP	Place sugar, milk, margarine, and cocoa in small sauce pot and bring to a boil for one minute.
002050 VANILLA EXTRACT..... 020038 OATS..... 016098 PEANUT BUTTER, SMOOTH STYLE, W/SALT.....	1 TSP 5 1/2 OZ 4 1/4 OZ	Turn off heat and add remaining three ingredients to sauce pot.  Portion cookies into rounded 1-ounce scoops and place onto parchment paper. Press cookies flat.  Allow mixture to cool and harden before serving.

Calories	147	Iron	0.51 mg	Protein	2.63 g	7.18%	Calories from Prot
Cholesterol	0 mg	Calcium	14.06 mg	Carbohydrates	20.58 g	56.18%	Calories from Carb
Sodium	67 mg	Vitamin A	171.1 IU	Total Fat	6.66 g	40.89%	Calories from T Fat
Dietary Fiber	1.24 g	Vitamin A	38.1 RE	Saturated Fat	1.30 g	8.00%	Calories from S Fat
		Vitamin C	0.06 mg	Trans. Fat	0.00* g	%	Calories from Trans. Fat

Note: \* - asterisk denotes nutrients with either missing or incomplete nutrient data.

<b>Miscellaneous</b>		<b>Attributes</b>	<b>Allergens Present</b>	<b>Allergens Absent</b>	<b>Allergens Unidentified</b>
Meat/Alt.....	oz.				? - Milk
Grain/Bread.....	srv.				? - Egg
F/V/J.....	cup				? - Peanut
Milk.....	fl. oz.				? - Tree Nut
					? - Fish
					? - Shellfish
					? - Soy
					? - Wheat
<b>Moisture &amp; Fat Change</b>					
Moisture Change.	0%				
Fat Change.....	0%				
Type of Fat.....					

**Production Specification**

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	019335	SUGARS, GRANULATED			

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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I	900035	Milk - 1%			
I	004065	MARGARINE,REG.HARD,CORN (HYDR&REG)			
I	019165	COCOA,DRY PDR,UNSWTND			
I	002050	VANILLA EXTRACT			
I	020038	OATS			
I	016098	PEANUT BUTTER,SMOOTH STYLE,W/SALT			

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