

Idaho Child Nutrition

Recipe: 000405 Whole Wheat Swedish Apple Pie

Recipe Source: W. Grains Coun.
 Recipe Group: DESSERTS

Recipe HACCP Process: #2 Same Day Service

Alternate Recipe Name:
 Number of Portions: 24
 Size of Portion: Pieces

		Preheat oven 350°F. Spray a half sheet pan with cooking spray. Use a sheet pan extender.
001123 EGG,WHOLE,RAW,FRESH.....	3 large	In a large bowl, beat egg thoroughly with a fork, until it forms a ribbon.
019335 SUGARS,GRANULATED..... 020080 WHEAT FLOUR,WHOLE-GRAIN..... 018369 LEAVENING AGENTS,BAKING PDR,DOUBLE-ACTING,NA..... 002047 SALT, TABLE..... 002010 CINNAMON,GROUND..... 002050 VANILLA EXTRACT.....	1 1/2 CUP 1 1/2 CUP 1 TBSP 1 1/2 TSP 1 1/2 TSP 3/4 TSP	Add everything else EXCEPT apples and nuts, and mix thoroughly.
009003 APPLES,RAW,WITH SKIN..... 012155 WALNUTS,ENGLISH.....	9 medium (3 per LB) 1 CUP, pieces	Add apples and nuts, and mix as well as you can. It's a very lumpy mix. Mix until the batter sticks together.
		Spread batter on the sheet pan. Bake at 350°F for 30 minutes or until slightly brown.

Calories	144	Iron	0.73 mg	Protein	2.72 g	7.56%	Calories from Prot
Cholesterol	26 mg	Calcium	49.63 mg	Carbohydrates	26.11 g	72.70%	Calories from Carb
Sodium	218 mg	Vitamin A	60 IU	Total Fat	4.11 g	25.78%	Calories from T Fat
Dietary Fiber	2.57 g	Vitamin C	2.49 mg	Saturated Fat	0.53 g	3.35%	Calories from S Fat
				Trans. Fat	0.00* g	0.00%	Calories from Trans. Fat

Miscellaneous		Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
Meat/Alt.....	oz.				? - Milk
Grain/Bread.....	srv.				? - Egg
F/V/J.....	cup				? - Peanut
Milk.....	fl. oz.				? - Tree Nut
Moisture & Fat Change					
Moisture Change.	0%				? - Fish
Fat Change.....	0%				? - Shellfish
Type of Fat.....					? - Soy
					? - Wheat

Production Specification

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I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	001123	EGG,WHOLE,RAW,FRESH			
I	019335	SUGARS,GRANULATED			
I	020080	WHEAT FLOUR,WHOLE-GRAIN			
I	018369	LEAVENING AGENTS,BAKING PDR,DOUBLE-A			
I	002047	SALT,TABLE			
I	002010	CINNAMON,GROUND			
I	002050	VANILLA EXTRACT			
I	009003	APPLES,RAW,WITH SKIN			
I	012155	WALNUTS,ENGLISH			