Idaho Child Nutrition

Recipe: 500063 CHICKEN RICE SOUP
Recipe Source: USDA H-02A
Recipe Group: SOUPS

Recipe HACCP Process: #2 Same Day Service

Alternate Recipe Name:
Number of Portions: 50
Size of Portion: CUP

044188 SOUP,CHICKEN BROTH,LO SODIUM,CND... 011143 CELERY,RAW..... 011282 ONIONS,RAW..... 002030 PEPPER,BLACK..... 002034 POULTRY SEASONING.....	3 GAL + 3 1/2 QT 1 LB, chopped + 8 OZ, chopped 14 OZ, chopped 1 TSP 1 TSP	1. Combine stock, celery, carrots (optional), onions, parsley (optional), pepper, and poultry seasoning. 2. Bring to boil. Reduce heat and cover. Simmer for 10 minutes.
020050 RICE,WHITE,MEDIUM-GRAIN,RAW,ENR..... 005360 CHICK,DICED,CKD,FROZEN-COMMOD.....	1 LB + 14 OZ 1 LB + 9 1/2 OZ	3. Add rice and chicken or turkey. Return to simmer. Cover. Simmer for 20 minutes or until rice is tender. **CCP: Heat to 165° F or higher for at least 15 seconds**. 4. Pour 9 lb (1 gal 2/3 cup) into a medium steamtable pan (12" x 20" x 4"). For 50 servings, use 3 pans. For 100 servings, use 6 pans. 5. **CCP: Hold for hot service at 135°F or higher**. Portion with 8 oz ladle (1 cup).
		Food as Purchased **50 Servings** / **100 Servings** Celery: 1 lb 13 oz / 3 lb 10 oz Carrots: 15 oz / 1 lb 14 oz Mature onions: 1 lb / 2 lb Chicken, whole,w/out neck&giblets: 4 lb 7 oz / 8 lb 14 oz
		Serving 1 cup (8 oz ladle) provides ½ oz equivalent meat /meat alternate a nd ½ serving of grains/breads.

Calories	112		Iron	1.04	mg	Protein	6.69	g	23.90% Calories from Prot
Cholesterol	14	mg	Calcium	22.99	mg	Carbohydrates	16.77	g	59.90% Calories from Carb
Sodium	205	mg	Vitamin A	25	IU	Total Fat	1.71	g	13.73% Calories from T Fat
Dietary Fiber	0.48	g	Vitamin C	1.68	mg	Saturated Fat	0.45	g	3.60% Calories from S Fat
						Trans. Fat	0.00*	g	0.00% Calories from Trans. Fat

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Miscellaneous			**Attributes**	**Allergens Present**	**Allergens Absent**	**Allergens Unidentified**
Meat/Alt.....	oz.					? - Milk
Grain/Bread.....	srv.					? - Egg
F/V/J.....	cup					? - Peanut
Milk.....	fl. oz.					? - Tree Nut
						? - Fish
Moisture & Fat Change						? - Shellfish
Moisture Change.	0%					? - Soy
Fat Change.....	0%					? - Wheat
Type of Fat.....						

Production Specification

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	050169	Chicken Rice Soup			
I	044188	SOUP,CHICKEN BROTH,LO SODIUM,CND			
I	011143	CELERY,RAW			
I	011282	ONIONS,RAW			
I	002030	PEPPER,BLACK			
I	002034	POULTRY SEASONING			
I	020050	RICE,WHITE,MEDIUM-GRAIN,RAW,ENR			
I	005360	CHICK,DICED,CKD,FROZEN-COMMOD			