

# Nutrition Education Take-Home Bag



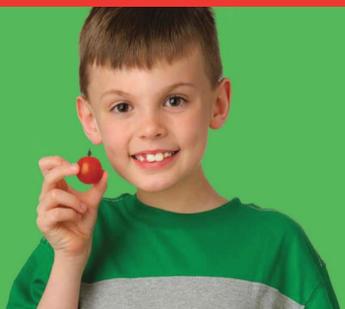
Iowa Department of Education's Team Nutrition Program would like to invite you to take part in a special nutrition education program for families in your school. PK-3rd grade teachers have the opportunity to request a "nutrition education bag" to keep and share with the families of their students. Each teacher can set up a schedule to check out the bag that works best for their classroom.

**Each bag will contain the following resources for families to utilize:**

- 3 Books
  - A Fruit is a Suitcase for Seeds
  - Tops & Bottoms
  - Oliver's Fruit Salad
- Physical Activities and Healthy Snacks Card Set
- Pick-A-Better Snack BINGO Cards
- MyPlate Magnets
- Parent Resource Packet
  - Choose MyPlate
  - Kid-Friendly Fruits and Veggies
  - Be a Healthy Role Model
  - Make the Switch to 1% of Fat-Free

**Deadline:  
February 15th!**

*See back for bag request form!*



# Nutrition Education Take-Home Bag Request Form

**Deadline:**  
**February 15th!**

**Limit of one bag  
per classroom!**

Fax: 515.281.6548 or E-mail: [carrie.scheidel@iowa.gov](mailto:carrie.scheidel@iowa.gov)

School District: \_\_\_\_\_ School Name: \_\_\_\_\_

Teacher Name: \_\_\_\_\_ Teacher Phone: \_\_\_\_\_

Teacher E-mail: \_\_\_\_\_

Grade(s): \_\_\_\_\_ # of students in classroom: \_\_\_\_\_

Why are you interested in a Nutrition Education Take-Home Bag?

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How do you plan to utilize the bag with the families of your students?

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I understand that as a condition of my classroom receiving this bag, I will submit a brief description of how the program went and share any successes or challenges, by July 1st, 2012.

Signature of Teacher: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Principal: \_\_\_\_\_ Date: \_\_\_\_\_

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