

Stories in Motion

In-Class Activity Breaks

Continue each bulleted activity or set of activities for 15-30 seconds.

Jungle Safari

- Hello boys and girls! Today we are going on a jungle safari. First, we have to balance as we walk across this rope bridge. Keep one foot in front of the other, and try not to fall off.
- We made it! Now, we need to climb this tree. Use your arms and legs to pull yourself up. I want to get a nice picture of all of the plants and animals. Perfect! Great picture! Very carefully, jump down onto the ground. Let's do that again, I love climbing trees!
- Oh no! That lion must have heard us. Run! He is coming after us!
- Duck under the edge of this giant rock and maybe the lion will leave us alone. Shh! Be very quiet. Whew, that worked!.
- Now, we have to cross this alligator pond to get to the other side of the jungle. Carefully and quietly hop from rock to rock. Do not fall in, those alligators look hungry today. Whew, that was close!!
- I want to see more animals, but I think we have to climb this hill first. Let's start hiking; be sure to pump your arms.
- We are almost there; let's use this rope to pull us up to the top of the hill.
- Look! There they are! Quick, run with me to see them! We should probably stop here before we get too close.
- WOW! The day flew by. That's all the time we have; hopefully we can have another jungle adventure soon!