

Stories in Motion

In-Class Activity Breaks

Continue each bulleted activity or set of activities for 15-30 seconds.

Spring into Spring

- Spring is a season that brings all kinds of new life to the world. Gardeners and farmers get busy scooping dirt and filling wheel barrows to prepare for planting.
- After many rains pour down from the sky, seeds break through and small plants stretch high to the hot sun.
- Weeds grow too. So gardeners bend over and pick, bend over and pick, bend over and pick until those pesky weeds are gone.
- Baby birds punch out of their eggs. Ponies run through the fields kicking their hooves high. Baby bunnies hop quickly through the tall grasses.
- If you look deep into the grasses, trees, and plants, you will see furry caterpillars crawling along. Their bodies scrunch small and stretch long, scrunch small and stretch long, scrunch small and stretch long to get where they need to go. After chomping through many leaves. They spin a special cocoon. They're wrapped tight by spinning, spinning, spinning special thread.
- A few weeks later a beautiful butterfly breaks through and the cocoon falls apart. The butterfly spreads its colorful wings and flies away. They join the hopping bunnies and buzzing bees.
- Spring brings all kinds of new life to the outdoor world.