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8 Porcupine Sliders
Grand Prize Winner

Whole Grains

- 10 Chic' Penne
1st Place Winner
- 12 Mediterranean Quinoa Salad
2nd Place Winner
- 14 Aztec Grain Salad
- 18 Chicken Alfredo with a Twist
- 20 Chicken Curry Casserole
- 22 Ooodles of Noodles
- 24 Peppy Quinoa
- 26 Rainbow Rice
- 28 Stir-Fried Green Rice, Eggs,
and Ham (Turkey Ham)



30 Tasty Tots
Popular Choice Winner

Dark Green and Orange Vegetables

- 32 Central Valley Harvest Bake
1st Place Winner
- 36 Stir-Fry Fajita Chicken,
Squash, and Corn
2nd Place Winner
- 38 Bok Choy Wrappers
- 40 Crunchy Hawaiian Chicken Wrap
- 42 Harvest Delight
- 46 Roasted Fish Crispy Slaw Wrap
- 48 Smokin' Powerhouse Chili
- 52 Squish Squash Lasagna
- 56 Sweet Potato and Black
Bean Stew



58 Tuscan Smoked Turkey
and Bean Soup
1st Place Winner

Dry Beans and Peas

- 60 Lentils of the Southwest
2nd Place Winner
- 62 Confetti Soup
- 64 Eagle Pizza
- 68 Fiesta Mexican Lasagna
- 72 Fiesta Wrap
- 76 Harvest Stew
- 78 Purple Power Bean Wrap
- 80 Spanish Chickpea Stew
- 82 Vegetable Chili Boat