

What is Farm to School?

Farm to school can play an important role in improving the economic stability of local farmers and the nutritional well-being of school-aged children.

Farm to school is a broad term that is used to describe efforts to connect healthy local food and agriculture with schools and students.

The goal of the Idaho Farm to School Program is to support healthy children, healthy schools, healthy farms, and healthy communities.

Farm to school programs are based on the premise that students will choose healthier foods, including more fruits and vegetables, if products are fresh, locally grown, and picked at the peak of their flavor and if those choices are reinforced with educational activities.

Farm to school projects provide benefits to the entire community: children, farmers, food service staff, parents, and teachers.

All Child Nutrition Programs can participate in the Farm to School Program including:

- The National School Breakfast and Lunch Program
- The Fresh Fruit and Vegetable Program
- The Summer Food Program
- The Child and Adult Care Food Program



Key Components of the Idaho Farm to School Program:

Fresh, locally grown and produced products served in school meals and snacks

Educating students about nutrition and agriculture

Teaching nutrition and other curriculum through school gardens

Idaho Healthy Foods Fundraiser

Farmer visits/farm tours

Ag in the Classroom teacher trainings

Healthy Harvest celebrations