



# Integrating Nutrition Into Core Subjects

## Lesson Record



Date \_\_\_\_\_ School \_\_\_\_\_

Name \_\_\_\_\_ Email \_\_\_\_\_

Grade \_\_\_\_\_ No. of Students \_\_\_\_\_

**Directions:** Use this form to keep track of the lessons you taught on nutrition, food, gardening or physical activity.

Core Subject
Name of Lesson
Learning Standard Addressed
Objective of Lesson
Activities
Outcomes
Comments